



# Rock Talk

April 2025

## From the President...



It is really hard to believe that the curling season is over. For the most part, it was a wonderful season. The ice was fantastic all year long. Ryan and Greg did an excellent job. We continued to benefit from our partnership with The StoneHouse Hall, which is stronger than ever. With the exception of one incident on Sheet 6, the issue with the roof seems to be something in the past. All of the Sections were well organized and ran beautifully. The bar staff, always friendly and efficient, were there for us when we needed them. And, of course, we

all had a great time. In my view, if you aren't going south, and who wants to these days, curling is the best winter activity there is. We are extremely lucky to have this great facility and all the wonderful volunteers, without whom we just couldn't function.

The only fly in the ointment, so to speak, was the ice storm. Really disappointing the way that turned out for the curling but there was absolutely nothing we could do to save the ice after Tuesday. If the storm had just held off for another 5 days we would have gotten all of the events in and it wouldn't have mattered.

As for the future! Just as this year flew by, the next thing you know it will be September and we will be getting ready to do it all over again. We have 2 major projects to look forward to. Our 150th Anniversary Celebration in the 2026/2027 curling season (Kelli Casselman is coordinating the celebration events and could always use more volunteers) and making a payment on the Syndicated Mortgage. I'm confident that we will be successful on both fronts.

On behalf of the Board, I want to thank you for your participation, wish you luck on the golf course or wherever you spend your summer and to say that we are looking forward to welcoming you back next year.

David Calvert

---

## Salute to our Great Volunteers... our unsung heroes! Volunteering is the backbone of PCC. In this edition we chatted with Earl McLeod.



### **How long have you curled and been a member of PCC?**

I have been a member of PCC for 8 years. We did LTC in the 2016-2017 session....because the nest was empty, retirement was coming at us and we wanted something we could do together.

### **Why do you curl?**

I curl because it's an ideal mix of low impact exercise and "high impact" social time.

### **What made you want to Volunteer at the Club?**

The ugly truth about why I volunteered to be on the PCC board is because I had my arm twisted right from day one. Even if you think you already know everything it helps to have a professional accountant (and a lawyer if you can get one) on your board. It gives you credibility... especially with funding bodies like the Trillium Foundation. And yes, we got our \$75,000 grant for the new condenser!

### **What Volunteer Roles have you taken on over the years?**

I was on the PCC board as Treasurer for six years starting in September 2019. I also took over stocking the bar in 2021 when COVID created a staffing crisis at PCC. We just couldn't afford to pay someone to do it. I owe a big thank you to Ted O'Connor for picking up half of that load a couple of years ago. I have also been a volunteer instructor (and A/V guy) for LTC and a "Rock Placer" at the Wheelchair Bonspiels.

### **Why do you keep volunteering?**

Most of us volunteer because we get a lot of job satisfaction out of setting a goal and getting a job done....out of making a plan and seeing it come to fruition. There is nothing more boring than being on a "big organization" board where the executive director makes all the decisions and the board members are a bunch of bobbleheads who approve things that have already happened. Not my cup of tea!

### **How does volunteering enrich your life?**

Well, curling is basically about joining a team and working together to achieve something. Volunteering is much the same. You join a different kind of team and interact with a different bunch of people and work together to get things done. It can be frustrating but in the end it is always rewarding.

Earl



---

## Milestones....



**JOAN SMITH** joined the **Peterborough Curling Club 70 years ago**. Torben Drewes sat down with Joan for an interview and here are some of the thoughts and anecdotes she graciously shared with him.

### What do you miss about the old club on Charlotte Street?

It was downtown, it was easy to park and you could go shopping. It was very sociable and you had lots of fun. Lots of people participated. Things at the club were a bit different in those days, however. When I first joined down there, the ladies' and the men's washroom was one room. When you went to the washroom, you put up a little sign that said "ladies" and when you came out you left the door ajar. And if a man wanted to go in he would put up a sign that said "men".

### Has the game gotten better?

The game got better because of all the things they have invented. We have good brooms now ... we all had straw brooms then. And there was no such thing as sliding when I joined. Myself and Mary Hinan went to Belleville two weekends in a row to learn how to slide. We learned from a man from the University of Guelph who gave a little lecture and the first thing we slid with was a plastic bag over our shoes. Believe me, people fell down. The next thing we tried was a plastic milk bottle. People cut that out for the first slider to put under their feet. Then we improved from the plastic to use the tape, some of which I still have in my locker. Then someone with brains decided that the plastic thing was the best slider and they made it with an elastic at the back. Then everything got modern and they started to make curling shoes like we have now.

### What keeps you coming back?

I like the people and you meet new people all the time. For the sociability and fun and it's a good way to spend the winter. You can walk in and say good morning or good afternoon to anyone and they are all friendly.

Joan is not only an exceptional curler who has won at the competitive level, she is an accomplished athlete in many other sports. Among her many achievements is being named the **Peterborough Athlete of the Year 1956** ... the first women to earn this title. You can read more by visiting the Peterborough Sports Hall of Fame. **Joan was made an Honorary Life Member of the PCC with curling privileges in 2014.**

If you want to have a look at the old club, click here- [\*\*\*"PFSC Ice Fantasies of 1953"\*\*\*](#) which shows Peterborough figure skaters practicing on the PCC ice.

Torben



Old photograph of PCC on Charlotte Street prior to burning down



PCC was well represented at the recent GSOC Battle of the Sexes game at the Mattamy Centre in Toronto. See anyone you know?



Don't  
Forget!

**REMINDER TO ALL WHEELCHAIR CURLERS:**

**Wheelchair Curling Survey**

The Ontario Curling Council is conducting a survey to better understand the needs, preferences and experiences of athletes, coaches, and supporters in the wheelchair curling community. They appreciate you taking the time to fill this out. This survey will be open until June 1, 2025.

Please see the OCC Wheelchair Curling Newsletter - Spring Edition email that you received earlier this month.

If you did not receive the email, please contact Joanne Berdan at [joannetberdan@gmail.com](mailto:joannetberdan@gmail.com).



**anden**  
kitchen & bath centre



---

# StoneHouse Hall

Home of the Peterborough Curling Club

From the staff at StoneHouse Hall, we thank you for another great season! Although the season ended abruptly and not the way we all planned...we want to express our sincere THANK YOU to all the sections who reached out and continued their support with the closing dinners. We got to enjoy cooking and socializing with all but one group. As always we appreciate your support.

We are looking forward to next season. We will once again be adding new options to our menu and we can't wait to showcase them. Until then, we wish you all a fun, relaxing and safe summer!

Kim and Jeff



## Novice League...



The Novice League has had a great 2024 – 2025 season. The twenty-four members have enjoyed getting to know one another and it was great that every team was able to play all the other teams each round. We enjoyed a skills session in the fall and welcomed nine LTC curlers in January.

Many curlers happily mentored less experienced curlers and much progress in skills was made by all curlers. Several members took on the role of skip for the first time and started to learn the skills necessary to assume this role.

On February 22, we held our Novice League Bonspiel which was a great success. Along with many curlers from our club, we had several people come from other clubs in the area. We had fun ends, great food, games at lunch time, and lots of wonderful raffle prizes.

Although we missed our last game and celebration due to the ice storm, we gathered on Sunday, April 6, along with Sunday LTC to celebrate the season's end. We had pizza and veggies, and lots of laughs with new and old friends.

Julie MacDonald

---

## Monday Ladies Night...



The Monday Night Ladies League was able to finish their curling season before the ice storm melted our ice. We enjoyed a great season of curling.

The League held their annual bonspiel on March 1st, Beetlejuice. We had 12 teams with off ice games, great lunch and snacks.

The league had their closing dinner April 14th with awards handed out and gifts for the ladies.

This league is a non-competitive league, changing teams 3x a season, making new friends and enjoying curling.

Hope everyone has a great summer and will see you all in the fall.

Thanks to everyone for their help and for keeping our league running. Thanks so Sandra Robertson, Cathy Curlew and Roxy King for all your help with league and bonspiel work.

Pictured on the next page are the 2 Allstar teams based on points earned and our team group picture(s) and trophy's.

### **The winners of the draws are as follows:**

#### **Round #1**

1st place: Lynne Cook, Michelle Cain, Catherine Alksnis, Rita Winn

2nd Place: Amy Schultz, Karen Ellis, Brooke Ostapek, Jen Marten

3rd Place: Michelle Greer, Terri Cox, Shannon Leahy, Tina Grant

#### **Round #2**

1st place: Amy Schultz, Debra Rolls, Catherine Alksnis, Megan Devlin

2nd Place: Tracy Kennedy, Michelle Cain, Julie Byrnes, Rita Winn

3rd Place: Sue Collins, Karen Ellis, Mary Louise Colquhoun, Kim Panepinto

#### **Round #3**

1st Place: Tracy Kennedy, Terri Cox, Catherine Alksnis, Liz Scott

2nd Place: Sandra Robertson, Debra Rolls, Mary Louise Colquhoun, Anita Erschen-Pappas

3rd Place: Michelle Greer, Roxanne King, Julie Byrnes, Paula Ellis

### **Overall points Allstars:**

**1st Place receiving curling jewelry:** Catherine Alksnis, Tracy Kennedy, Terri Cox, Debra Rolls.

**2nd place overall Allstars who received Goblets:** Amy Schultz, Rita Winn, Michelle Cain, Mary Louise Colquhoun. Bob Livingston's daughter Tracy was in attendance on behalf of her Dad who had passed away to award the Goblets to the 2nd Allstar Team for points accumulated over the season.

Lynne Cook.



## Monday Ladies Night Continued...



**MORE THAN A CURLING CLUB...**

---

## Highschool Curling 2024-25...



The high school curling season concluded on Tuesday March 4th with over fifty students and coaches from four local high schools (St. Peter's, Crestwood, Holy Cross and Adam Scott ) celebrating the end of the season with pizza and pop. Taking home the trophy for the boys was St. Peter's #1, with Crestwood in second and Holy Cross in third place. Holy Cross girls capturing the girl's trophy for a second consecutive year. With Crestwood girls finishing second and St. Peters in third.



Three teams from the league advanced from Kawarthas to ECOSA held on March 3rd in Stirling. All three teams have advanced to OFSAA. On the boy's side St. Peter's won COSAA and advance to OFSAA, while on the girls side both St. Peter's (Gold) and Holy Cross (Silver) advanced to OFSAA (Sarnia Curling Club March 19th to 22nd).

Again many thanks to the dedicated teachers who make this league possible: Jeff Bird, Steve Carroll, Melissa Hennig, Nathalie McDermott, Lynne Milette-Carroll, Kelli O'Connell, and Brad Robinson.



**St. Peter's Boys 2024-25 Highschool Champions & COSAA Champions.**

**Players:** Brendan Xuereb, Liam Cook, Noah Nowak, Joshua Haffie, Rees Tewsley

**Coach:** Steve Carroll



**Holy Cross Girls 2024-25 Highschool Champions & Silver COSAA.**

**Players:** Rachel Cummings, Mya Beauchamp, Leonie McCormick, Jolene Payne, Katie Payne

**Coach:** Nathalie McDermott



**St. Peter's Girls win COSAA**

**Players:** Madison Nolan, Amelya Aliyev, Charlotte Nicol, Sarah Van Winden, Neave Alderson

**Coach:** Lynne Milette-Carroll





---

## Highschool Curling Continued...

### Three Highschool teams Advance to OFSAA

Three teams from the Peterborough Highschool league advanced to OFSAA in Sarnia (March 19th to 22nd) after winning Kawartha's then COSSA; St. Peter Girls, Holy Cross Girls and St. Peter boys. Both St. Peter Girls and St. Peter Boys finished with 1-3 records in round robin play and did not advance to quarterfinals. The Holy Cross Girls advanced to the quarterfinals of OFSAA with a perfect record of 4-0 in round robin play and finished 4th of 20 teams - Holy Cross beat Bill Hogarth (Markham), O'Neill (Oshawa); ESC Theriault (Timmins) and St. Pats (Sarnia). In the quarterfinal game Holy Cross fell to Nepean (9-2), Nepean went on to claim silver at OFSAA.

Joe Muldoon and Brad Robinson (Highschool Convenors)



Holy Cross Girls:

LtoR: Maya Beauchamp, Rachel Cummins, Joe Muldoon (Community Coach), Katie Payne, Jolene Payne, Natalie McDermott (Coach)



**MORE THAN A CURLING CLUB...**



**There are lots of fun and interesting things being planned for PCC's  
150th Anniversary in the 2026/2027 Curling Season.**

**Some of the events in planning:**

Community Open House/Try Curling event and Salute to our Volunteers.

Joint Bonspiel with Lindsay Curling Club

Gala Dinner and Dance

Winter Games, Family and Friends Outdoor Event

150 Ends for 150 years

Skating Party and BBQ to close out the season

Committee Members include: Anne Beckett-MacNeil, Soeun Khuth, Pauline Orpwood, Kim McLeod, Greg McRae, Kim MacDonald, Emilie Metcalfe, Laurie McVey, Sue Collins, Tracy Kennedy, Lesley Smith and Kelli Casselman.

If you have any ideas or would like to volunteer to help with any of the above events,  
email us at:

**[marketing@peterboroughcurlingclub.ca](mailto:marketing@peterboroughcurlingclub.ca)**



## Men's Section...



Well, it wasn't the finish to the season we hoped for, but it was a great season none the less. The men's section did our closing get together on Monday April 14<sup>th</sup> for some food and drink. I would like to recognize our Regular Season champion, team Kelly (Brian Kelly, Alex McKinnon, Justin Dracup and Allan Kimpel). As well as the two teams that reached our championship game, Team Owers (Glenn Owers, Andy Staszak, Glen Hannah and JP Chenier) and Team Smith (Kevin Smith, Barry Kramer, Gary Fenn and Len Senior).

Our other final night games were:

A Consolation – Team Lemon vs Team Gerrits  
B Championship – Team Watson vs Team Powers  
B Consolation – Team Gordanier vs Team Khuth

I hope everyone has a great summer and look forward to seeing everyone in the fall.

Andrew Gerrits



Can you believe it's that time of year again? It's time to focus on our gardens and growing nutritious veggies and beautiful flowers! **Sheet Seven Community Garden is hosting our 5th annual plant sale fundraiser, this year happening Mother's Day weekend, on May 10th from 8-11:30am.** It's a great opportunity to pick up a thoughtful gift or even just to fill some empty spaces in your own garden.

The Garden is kindly asking for your help in donating plants for our sale. Now is a great time to start splitting your perennials and starting any last minute seeds. Having a plant identification tag or even description of the size and colour is always super helpful when sale-goers have questions about the plants for sale. **We will be accepting donations Wednesday, May 7th to Friday, May 9 - just shoot us an email ([metcalfe.emilie@gmail.com](mailto:metcalfe.emilie@gmail.com)) to let us know you are dropping plants off so they can be cared for.** We thank you for your generosity and support in our past plant sales and look forward to this year's! A reminder to those who wish to come out on sale day, we will accept cash and credit card.

Happy gardening! Emilie Metcalfe

**MORE THAN A CURLING CLUB...**



## Junior Curling...



The junior curling season had their year end closing on Sunday April 6 without any curling due to the ice storm. We did have some activities for the curlers to do along with lunch and prizes. Every curler got a mug with pictures of them throwing a rock on the mug, medals and a 3D printer junior curling rock. It has been a great year for the juniors as they improved their curling skills with practices every week and they also participated in a few bonspiels around the area (see the following pages for updates and pics) and our more competitive juniors played in provincial playdowns.



We hope to see everyone back again in October.

Our junior program could not happen without our many volunteers. Many thanks to Lynne Cook, Dave Levecque, Liz McDannold, Rob McDannold, Rob Fancy, Tim Bethune, Ruth Epping, Kristi Wuorisalo, Chrissy McDannold, Jen Payne and a few other parents that helped out during the season.

Enzo Tarantino



**FUN FACT... the brick on the bar in the Stonehouse hall came from the old Peterborough Curling Club on Charlotte Street!**

---

## Junior Curling, continued...

Our juniors participated in the Junior Bonspiel at Fenelon Falls Curling Club on March 1st. One team brought home the trophy! Good Curling, everyone!



Kailey, Harlow, Lucy, Elby (winners)



Isla, Braelyn, Jennifer, Chloe



Maddyson, Jennifer, Lachlan, Brynn



Also spotted at the Battle of Sexes Game in Toronto, April 7<sup>th</sup>, Abigail and her dad!





---

## More from our Juniors...

Four junior teams from PCC wrapped up their bonspiel season on March 22 at the Lindsay Curling Club. All four teams won their first game. Team Peterborough Lockers played Team Matthews in the second game with the Lockers coming out on top. Team Nolan won their second game and Team Maccorkindale lost theirs on the last shot of the game.

Team Nolan placed first, Lockers second, Maccorkindale 6th and Matthews 8th.

It was a great day to end the season. Look out for more of these young curlers next season!





---

## Friday Afternoon Mixed...



On Friday March 28, the FAM curling league gathered in Stonehouse Hall following the regularly scheduled games to celebrate the end of another successful season. The bar was open and there was good food and plentiful sweets, and as always a friendly social atmosphere. Many thanks to Ed and Deb Gilson and Don and Diane Jamieson for their help to make this a memorable occasion.

During the season most of the FAM teams had the opportunity to curl with each other and of course, join in the after-game comradery on Friday afternoons. On behalf of all FAM members, we would like to thank Kim and Jeff and the kitchen staff and also the bar staff for their service throughout the season and also to Ryan and Greg for their dedication to the maintenance of excellent ice conditions.

Although the FAM executive committee is now stepping down, be assured that we are leaving you in good hands! We know that FAM will continue to be a popular and thriving league of the PCC. Patti Watson will be replacing me as Section Head and will be assisted by committee members George McDougall and Kathy Neill. We appreciate that Susan Barnard and Don Fleming will support George in his new role as the scheduler .

The FAM winners for the 2024-2025 season are :



FIRST Place: TEAM WOODS from( L to R) Angela Woods, Terry Woods, Paul Finney , Barb Finney



Tied for SECOND Place: TEAM MANDERSON ( L to R) John Manderson, Anne Manderson, Kathy Neill, George McDougall. (absent Kristen Lee and Peter Dilworth )



---

## Friday Afternoon Mixed Continued...



TIED FOR SECOND PLACE:  
TEAM OUNPUU (L to R) Sheila Ounpuu, Mike Ounpuu,  
Mary Frances Thompson, Andy Staszak



THIRD PLACE TEAM BARNARD  
(L to R) Donna Powers, Rick Barnard, Susan Barnard



TEAM HOGAN  
Burton and Ruth McClelland , Kathy Burns , Joan Hogan  
(Standing) Patrick and Valerie Clancy



Brenda and Tom Love



Gary Henderson, Jauneta Henderson, Lynn O'Connor

---

## Senior Men...



Not unlike the Covid year, our season was cut short by the horrific ice storm, the loss of power for over three days and the subsequent melting of the ice. As a result our championship games were not played and we have no league champions ...perhaps we will play championship games at the beginning of next season.

Likewise our year end Funspiel and AGM were cancelled and will be held at the beginning of the new season.

Overall it was a terrific season of curling thanks to the great ice making, and to all our members who volunteer to help the section run smoothly. Specifically thanks to Bob Bolton for once again running our 50/50 draw, to Bob Foster, Dave Rogers and John Mekitiak for being our draw masters for tag curling, to Dave Stevenson for running our interclub and to Bill Gordanier for running the Senior Men's team league.

And finally thanks to my executive team Ren Mann, Ted O'Connor, Gord McQuade, Dave Stevenson, Bill Gordanier, Torben Drewes and past president Rod Manley.

Alec Denys

## Wednesday Open League...



Jim and I would like to thank everyone for a great year and hope to see you all back in October when we start our new season. Like other Leagues it was an unfortunate end to the season as we were unable to conclude the final night of playoffs and crown a League champion. Our closing banquet was held on April 9<sup>th</sup> with a roast beef dinner at the Stonehouse Hall. Thank you Kim, Jeff and staff for a wonderful meal and thanks to Torrie for being our bartender for the year.

I hope everyone has a safe and happy summer and look forward to seeing you in the fall.

Jim & Bryan





## Ladies Section...



The end of the curling season was marked by enthusiastic participation, with curlers actively engaging in competitive events, league playoffs and social activities. Our annual Spring Fantasy Bonspiel was held March 18 with a Rock Garden Theme . Thank you so much to our main sponsors Armstrong's Foodland/Sobeys, PCC Past Presidents, Pearl Dixon, Cindy Reid (Stoneguide Realty) and Stonehouse Hall, K and J Travel. Congratulations to PCC team Susan Barnard, Angela Woods, Lyne Edington and Lynne Cook who won the early draw. Kathy Armstrong presented the trophy.



Team Entry Thursday League teams were ceded into two divisions based on their round robin finish. Congratulations to our Ladies Section Champions: Mary Ellen Bannon, Sue Collins, Heather Casey, Freda Latour. They are eligible to represent our Club in the CurlON Women's Club Champions Regional competition to be held in October. (Missing from the picture – Skip Mary Ellen Bannon.)



Our Closing Luncheon organized by the Social Committee on April 4th was attended by 77 past and present members. Five members, retiring from the executive were recognized for their work. Thank you to Linda Morrice, Milda Bax, Liz McDannold, Sandra Mekitiak, and Marnie Phoenix.



Congratulations to our 'B' Division winners: Carol Pearson, Janet Schmidt, Barb Krohn, and Dianne Jamieson.



---

## Ladies Section, continued...

Tuesday Draw curlers were recognized. We had four different draws with many winners and ties over the season. Special congratulations to four members for many years of curling experience; Joan Smith, 71 years, Carol Pearson 64 years, Kathy Armstrong, 53 years and Ginny Ryall 52 years.



Congratulations to Skip Angela Woods and second Melanie Brown who won the Interclub Trophy at the Faith Ride Memorial Bonspiel at Omeme Curling Club.



What a great season! Thanks to all for the fun curling and friendship throughout the year! I'm especially appreciative to my executive who were so supportive and dependable. Well done!

Jane Woodruff

---

## Meet your Board... Ren Mann, Section Liaison

I curled for 5 years during High School at McGarry CC in my home town, Virginiatown ON (East of Kirkland Lake near the Quebec border on Hwy 66), then 2 years at Royal Kingston CC prior to moving to Peterborough in 1979. I started at PCC (downtown) in 1980 and have curled here ever since save for 1 year when I was working in Ottawa when I curled at the Granite CC. Total curling career now more than 50 years and nearing 50 years at PCC. McGarry & PCC were both destroyed by fire along the way, Royal Kingston and Ottawa Granite have both moved to new locations since my time so I'm hanging on to the current PCC pretty tightly 😊.



My current board role is as Section Liaison which has given me the opportunity to meet many club members I otherwise may not have met. In the early days of our current club I spent a year on Men's exec but otherwise have been primarily a curling participant. The Section Liaison role involves helping get things underway early in the season - safety protocol review etc, communicating between the Board and the Sections and facilitating scheduling of events for the club calendar.

I enjoy reading & music along with spending time with my partner Charmaine in Ottawa where she lives. Charmaine enjoys both curling and golf so we play together at Navy CC in Ottawa in their Saturday mixed tag section and golf in Ottawa on weekends during the golf season. I can usually be found at Kawartha GC Monday to Friday during the golf season. I've also never met a jigsaw puzzle I didn't like. My grand-daughters live in England with my daughter Andrea and her husband so I try to get over there once or twice a year. Thank goodness for WhatsApp.

I enjoyed my career but it got in the way of a lot of things I'd rather have been doing so I'm making up for lost time now that I'm fully retired.

Regards, Ren



**Open House- September 8, 2025**

**Annual General Meeting (AGM)- September 24, 2025**

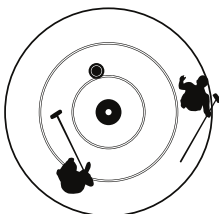
**Delivery & Directional Sweeping Clinic**

**Saturday, October 25, 2025, 8:30 am to 1:00 pm**



**Strategy Clinic**

**Saturday, November 8, 2025, 8:30 am to 2:00 pm**





---

## Thursday Adult Learn to Curl



The class came a long way and were very busy since the last Rock Talk Edition. First we had the LTC Bonspiel in which 7 Teams from Thursday and 1 Team from Sunday LTC participated. It was a closely contested spiel as there was only a ½ point difference between 1 st and 3 rd place. Congratulations to the winning Team of Adam DeSira, Lara Caplan, Jessica Ambler and Raven Naumann (skip).



A few weeks later 8 students participated in the Novice League Bonspiel. We also had students join Daytime Tag and Novice League for the remainder of the season. March 27 th was their final night, and with it came their final exam – an LTC Hot Shots Competition. In 1 st place came Dana Somerville, 2 nd – Dave Smusiak, and tied for 3 rd was Louse Smusiak and Brenda Bastian. Congratulations to everyone who made it through the season and survived the final exam to graduate (although by just showing up you graduated – but I am thankful for the few ‘bribes’ I received prior to the competition, lol). A celebration was held afterwards consisting of pizza and drinks.

It is always a bittersweet end to the Learn to Curl season. I am happy to see how far they have come from when they first stepped on the ice in October, yet sad to see them go. This class has progressed immensely with their techniques and understanding of the game. And this group sure knows how to socialize afterwards...the conclusion of each class was noticeable in the Upper Lounge with the laughter and chatter of students and Instructors. I hope to see many of our graduates join us in October as they begin their curling journey beyond LTC and in to League play.

Students, thank you for your patience and for trusting us to lead you in the right direct. Please know that we (myself, the Instructors and club members) are very approachable should you have any questions or need some help to work out the kinks in your game. Wishing you all the best in your curling journey and enjoy the ride! Thank you for choosing PCC.

Pauline and I would like to express a big thank you to all the Instructors for your help this season. We couldn't have done it without you. We have a very successful LTC program because of the knowledge, passion and enthusiasm you have for curling, and the willingness and dedication to be so giving of your time to help make the students feel welcome.

We look forward to seeing many familiar faces in the fall.

Bryan and Pauline.



---

**MORE THAN A CURLING CLUB...**

---

## Thursday Adult Learn to Curl, continued...



### Thanks for the Memories

In late January I made the difficult decision to step away from LTC at the end of the season. Being associated with LTC every year since I was a student myself in 2016 has been a fun and rewarding experience. After 8 years of nearly every Thursday night at the club since then and running the program for the last 4 years I feel now is the time for me to step away and take a break. Funny thing is that when I was initially approached by Kevin and Kelli Casselman to see if I was interested in taking over LTC after Covid I said no – mostly out of fear that I didn't know enough, wasn't experienced enough and truthfully I was scared.

I hadn't done presentations in front of a group in 20 years. Little did I know that a month later I would be approached by the Board to see if I was interested in the position. After some more consideration I decided to dive in. I was determined that what I felt I lacked in knowledge, technique or teaching ability I would make up for with passion, enthusiasm, and personality. I felt if I could express my passion and joy of curling properly to the class, the positive energy would be infectious. I would like to think I accomplished that feat and more.

Thank you to the Board for having faith in me in the beginning when I didn't have it in myself and for the continued support these past 4 years.

Thank you to all the students I have had – each one was unique. It is a real source of pride for me to still see you around the club, how far you have come and for still asking me the odd question or needing help with something to improve your game or understanding. It was truly an honour to lead you into this wonderful game and introduce you to some amazing members.

Thank you to all the Instructors that have helped over the years. For those that have been with me since Day 1 you have become great friends and welcome additions to my curling family. We had some good times and made some fun memories.

A very special thank you to Pauline for all of her help these past 3 years. Her duties have consisted of many tasks to make my life easier and I'm not sure I can name them all but will try – supplying and printing the student name tags each week, printing off Instructor sheets, getting out the sliders, grippers and brooms before class, getting the after-class snacks, leading the pregame warmups, photographer, LTC bonspiel drawmaster and I'm sure there are a dozen other things that I have forgotten. As I look at this list I don't know how I did that first year of LTC without you! Most of all thank you for being supportive, for listening to my ideas, and for just being there when I needed to vent frustrations before class about my day. I would like to wish Pauline and Carolyn Hoy all the best with LTC next year. I'm sure you will do a great job – be patient and kind, go with the flow, smile and laugh...the students will appreciate it!

It is hard to walk away from something you love to do, and although the sun is setting on this tenure of mine with LTC, the sun always comes up again and if I know me I probably won't be away from LTC for long.

Bryan



---

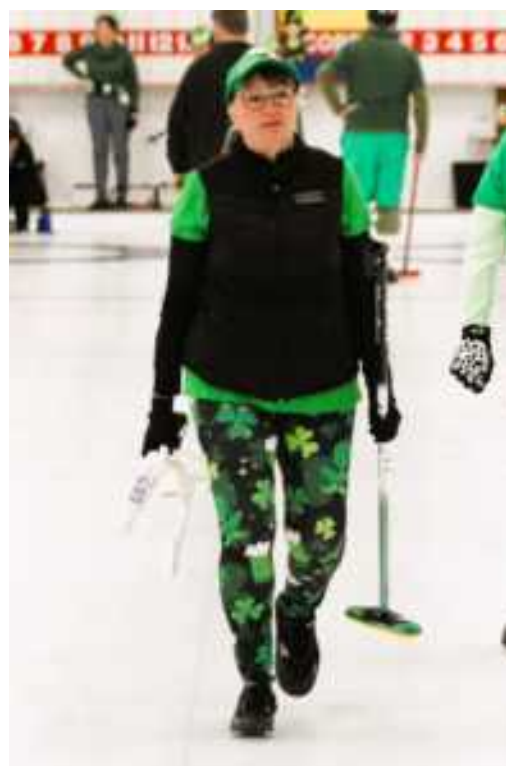
## St. Patrick's Bonspiel...

There were 24 lucky teams who were able to register for the 6th annual St. Patrick's bonspiel sponsored by Imprinted Apparel/The Peterborough Curling Shop. March 15 was a day of fun, shenanigans, a bit of celebrating (three kegs of beer plus some other drinks, and Jello shots), great live music from Irish fiddle player Alanna Jenish accompanied by her guitarist Jake, and two 6-end games.

The winning team of the early draw was Lesley and Clinton Smith with Tammy and Brent Curtis. This was the second year in a row the team took top honours in the early draw.

In the late draw the winners were Dave Levecque, Katelyn Langford, Pat Brown and Peter Morrice. Prizes were awarded to the top five teams in each draw.

Pauline Orpwood



---

**MORE THAN A CURLING CLUB...**



---

## Sunday Adult Learn to Curl...



It wasn't the end to the season that was planned but it is what it is. The Hotshots Finale and pizza, which is the usual wrap up to the season, was replaced with pizza and some social time with the Novice League and a look at the ice shed without ice. Despite looking at pool of water where once we had fabulous ice a good time was had by those who could make it out. .

As always, we'd like to thank those volunteers who came out on Sunday afternoon to teach and provide coaching and encouragement. The program doesn't work without you. Thank you!



It was another great group of students this year and we're sure you will see many of them back in the fall. Please make them feel welcome and share your experience, tips and tricks.

Have a great summer, stay safe.  
Kim and Alec

## Open Doubles...

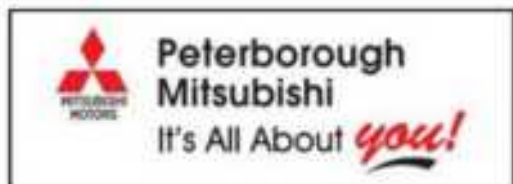


As with many of the other leagues Sunday Doubles came to an abrupt halt thanks to Mother Nature. Thanks to everyone for making it a great league, the play was fun, some shots were amazing and the laughs at the big table social time after was what makes curling such a great game.

After two full round robin sessions the top three places in the league were separated by just two points! Congratulations to team Bax-Denys who finished on top followed closely by team Reid-Dunn and team O'Connor.

Looking forward to another great season of play in 2024-2025.

Have a great summer, stay safe.  
Kim



## Curling Day in Canada, Try Curling Event...

Our Try Curling Event on February 22nd, in conjunction with Curling Day in Canada, was a success with 4 full sheets of people curling. We had 27 people new to PCC along with 6 members that were curling and 7 volunteer coaches. We had lots of interest from people thinking about Learn to Curl next season. We had some great Curling Day in Canada Door Prizes. Thank you to all the volunteers that got out there to help teach these potential new curlers about our great game!



Custom Cutters  
705-743-9357



**MORE THAN A CURLING CLUB...**

---

## Friday Evening Mixed...



### **The Ice, the Stones, and the Glory (Sort of)**

Well, that's a wrap, folks! Another curling season has slid by faster than a hog-line violation—and what a time it's been!

We swept. We yelled. We questioned our love of curling during 9 pm draws on a Friday night! Some of us hit the button with finesse, others hit...well, everything but the house.



Highlights included miraculous 8 enders, legendary skips, and at least one person who still thinks the rock will curl harder if you scream louder. We've seen brooms fly, strategy go out the window, and friendships forged over post-game beverages, tasty chips (thank you Imprinted Apparel!), and mutual back pain.

We'd like to thank our members for their support and patience as we worked to reschedule our AGM & Banquet. We trust that everyone enjoyed another delicious meal (thank you StoneHouse Hall!), raffle prizes and video dance (thank you DJ Jazzy Dale!).

Now it's time to hang up the brooms, rest our sweeping muscles, and pretend we're going to get in shape during the off-season...we'll see...as in, see you September 8th for next season's registration! We can have a drink, share faded memories from this season and begin the chase for glory, or at least chase rocks around a frozen sheet like civilized Canadians (or honorary ones).

Have a great summer and keep well,  
Krista & Ian



## Milestones...



### **BOYCE ORR joined the Peterborough Curling Club 60 years ago.**

Here is a short message from Boyce to his fellow curlers.

"Thank You Club Members for many years of curling, good social times and special friendships.

See you on the ice."

Boyce



JOIN US FOR THE 5TH ANNUAL  
PETERBOROUGH CURLING CLUB

# 2025 **GOLF** **TOURNAMENT**

**LIVE MUSIC BY  
GUNSLINGERS,  
RAFFLE, DINNER,  
GAMES & FUN!**

.....  
\$175 - per player  
(Includes 18 holes (Cart  
Included), Dinner and Dancing)  
.....

100% of all proceeds go directly  
to the Peterborough Curling Club

TO REGISTER OR FOR MORE INFORMATION:  
[GOLF@PETERBOROUGHCURLINGCLUB.CA](mailto:GOLF@PETERBOROUGHCURLINGCLUB.CA)  
OR CALL LAURIE @ 647.333.0643

**SATURDAY**  
**JULY 26, 2025**

@ TAMARAC GOLF &  
COUNTRY CLUB

Check-in: 11:00AM  
Shotgun start: 12:00PM  
Cocktails: 5:30PM  
Dinner: 6:30PM  
Gunslingers Band: 8:00PM



**MORE THAN A CURLING CLUB...**

---

## Wheelchair Curling...



The PCC is rightfully earning it's spot as a wheelchair curling hub in Ontario ( if not all of Canada)! We are the envy of other clubs! Curlers are drawn to this club due to its accessibility, coaches (thank-you to Ruth Epping and Don Fleming) and the veteran curlers (kudos to Alec Denys and Carl Bax) . As a result of these assets, we are drawing in members from Prince Edward County, Cobourg, Oshawa, Lindsay, Norwood, Warsaw and Omemee. Currently we have members active in the men's league, ladies' draw, doubles, mixed doubles, learn to curl and juniors. The membership total for our curlers (including practice memberships) is up to 14 members!

Our teams performed well at many bonspiels and championships. Jon Thurston and Chrissy Molnar returned home from Scotland with a bronze medal from the World Wheelchair Championships. CONGRATULATIONS Jon and Chrissy! Jon and Chrissy also won gold at the Wheelchair Double Provincials held in Bobcaygeon. Carl Bax and Alec Denys plus the team of Tony Moreau and Joanne Berdan represented PCC. Team Bax (Carl Bax , Alec Denys, Dan Flint and Joanne Berdan) made it to the semi finals of the Wheelchair Provincials that were hosted by the Galt Country Club. They unfortunately lost a well played game to the Toronto Cricket Club team. Toronto went on to win the championship. Our second PCC entry of Tony Moreau, Stuart Houlahan , Will Simon and Julianna Sullivan-Rothfeld played exceptionally as a newly formed team.

Thank-you to the PCC for the inclusiveness of the club. Ontario curlers look forward to starting their season at the club's Annual November Sticks, Stones and Wheels Bonspiel. We thank all the club volunteers and Pauline Orpwood for being on the organizing committee, taking pictures, and for managing the Facebook page.

Thank-you to Imprinted Apparel and the PCC Juniors for their clothing fundraiser. We rocked (curling pun intended) wearing our PCC wear. We were pleased with our custom wheelchair design!

On a personal note, I want to thank the Tuesday Ladies Draw league for their friendly welcome. This was my first year curling with an integrated league team. Many of the ladies had previously never played with a wheelchair curler . You were very helpful on the ice and off the ice. I welcomed your questions and the help with my chair which included helping with my battery, and lifting my chair in and out of the car at the Ennismore Leads and Seconds bonspiel and after the ladies closing luncheon.

Wheelchair curling is truly an inclusive sport for ALL abilities. From youth to seniors. Share with your friends and family (including curlers at other clubs). Let's continue to grow the sport of wheelchair curling!

Joanne Berdan



---

**FUN, FITNESS, FRIENDSHIP.**

## Volunteer Appreciation...

We held our Annual Volunteer Appreciation Dinner on Wednesday, April 16<sup>th</sup>. The theme was- Volunteers Make a World of Difference. We enjoyed a great meal (thank you Stonehouse Hall!) with foods from around the world, some drinks and some fun! Thank you to everyone who volunteers their time at our club! We are truly lucky and blessed to have you!







Still Available! Just because curling is over, doesn't mean you can't support the club's Junior section and refresh your wardrobe at the same time! T-shirts available and perfect for the summer!

Junior Clothing Fundraiser...

For full details and the order form go to:

<https://peterboroughcurlingclub.ca/customPage.php/junior-fundraiser>



## 2025 Canadian Wheelchair Championships-

PCC's own Karl Allen will be curling at the Canadian Wheelchair Nationals with team Newfoundland and Labrador. The curling starts on April 28th and runs through May 4th in Boucherville, Quebec. Here is a link to the live score: [2025 Canadian Wheelchair Championship](#)

Good curling, Karl! PCC will be cheering for you!

Our member, Don Fleming is also volunteering as an ice Assistant at this event. Don has worked with our wheelchair curlers over the last couple of seasons and has taken a course to coach wheelchair curlers! Thanks for your commitment, Don. Have fun in Boucherville!



**FUN, FITNESS, FRIENDSHIP.**

---

## From the PCC to 18 World Championships, 5 Olympics and now a Brier win!

What began in 1985 at the Peterborough Curling Club sparked a love for the game of curling that still burns strong in me forty years later. As the proud 1986 PCC Junior Rookie of the Year, I was unknowingly stepping into a sport that would forever shape the course of my life. My name is Paul Webster, a proud Peterborough curler who has called Calgary home for the past twenty years. I was incredibly fortunate to be introduced to curling through the PCC's Sunday junior program. It became my weekly escape, my chance to find a sport that felt truly mine—at a time when curling wasn't exactly considered cool. But I loved it from the start.

What started as a fun pastime quickly turned into a competitive passion when I was invited to join an older team, skipped by Terry Bowser. We even got matching jackets! While those two years with Team Bowser didn't lead to a provincial title, we did get to face off against Eddie Werenich in the first draw of the Coca-Cola Classic Bonspiel. (We lost.) But that opportunity led to another—teaming up with Pat Ferris to form a junior team. Together, we won the first-ever Junior Men's Provincial Championship for the Peterborough Curling Club, now proudly displayed on the club walls.

In 1993, I participated in the inaugural Trillium Curling Camp hosted at the PCC and returned the next year as an instructor after receiving an invitation from Camp Director—and then National Men's Coach—Jim Waite. That was a major turning point in my coaching journey. It gave me the chance to learn from some of the best coaches in the country and the world, and I soaked up everything I could.



University took me to Wilfrid Laurier, where I juggled varsity curling and varsity rugby—an odd pairing, but one that let me play alongside my older brother, Roly, which was an opportunity I couldn't pass up. We won two provincial championships with some incredible teammates before I moved on to the University of Ottawa for teacher's college. I spent that year playing in the Wednesday Night Cash League with Earl Morris and then returned to Peterborough in 1999, where I taught at PCVS for five years.

During those teaching years, I didn't compete much, but I did join a men's league team with fellow teachers and started coaching and instructing on weekends. What began in Ontario eventually expanded across Canada as more opportunities came my way. Nearing the five-year mark in my teaching career, I applied for a sabbatical and moved to Calgary for the 2004–2005 season to pursue my Level 4/5 Coaching certification at the University of Calgary. That same year, I was invited to join the coaching staff for the 2006 Olympic Games—and the rest, as they say, is history.

Fast forward to today, and I'm currently the team coach for Team Brad Jacobs. After the 2022 Olympics—my fifth Games and third as Olympic Team Leader—I was approached by Ben Hebert to coach his newly formed team. I needed a new challenge, and this was it. The last three years with this squad, originally skipped by Brendan Bottcher, have been incredibly rewarding. Our Brier win this year was unbelievably special. I had no idea how much winning that event would mean to me, and I owe so much of that feeling to my beginnings at the Peterborough Curling Club.

[continued on next page...](#)

**MORE THAN A CURLING CLUB..**

---

## From the PCC to 18 World Championships, 5 Olympics and now a Brier win! (continued)

I'd be remiss if I didn't mention my first coach, Norm Dyment. Norm laid the foundation for everything that followed. He coached with quiet patience and an unwavering drive to win. One of the most meaningful messages I received after our Brier win came from his son Greg—also a former TASSS teacher of mine—who said, “Norm would be so proud of you.”

To all the members of the Peterborough Curling Club: never underestimate where this sport can take you. For me, it could be a sixth Olympic Games next year in Italy—this time in a new role as team coach. For my high school friend Karl Allen, PCC member, who's finally caught the curling bug, I'm hoping it leads to future World and Paralympic championships. And for you—dream it. It all starts here.

Paul Webster



The Brad Jacobs rink gathers for a team photo with their bronze medals after the World Men's Curling Championship closing ceremony. Coach, Paul Webster, is in the top right corner! Congratulations, Paul and team!



---

## Editors Note...



Paul Webster's article is a tough act to follow! I was so excited when he reached out and was willing to share his story with us! It is so inspiring!

I hope you've found this edition of Rock Talk interesting! We've added a new article to this edition and going forward, called "Milestones". In each edition, we'll highlight some of our long standing club members! These members have been involved in lots of our club history and have some great insights and stories to share. I'll also be adding a page to our website to highlight these Milestones as well. Watch for it in the coming days under the tab "Our Club" and then "Milestones".

Since we are heading into summer, I thought you may be interested in some off-curling season exercises to keep in shape - September and another curling season will be here before you know it! I've asked Stephanie Thompson for some tips on how to keep in shape during our break from curling. See all the great info Stephanie provided in the following pages!

I thank all of the people who have submitted pictures and articles over the course of this season! Over the summer, if you or any club members are doing something of interest, send some pics! We'll keep our social media pages interesting with our vibrant curling community activities!

Remember, our club has great sponsors... please support them when you can!

Enjoy your summer!

Kelli



Have a wonderful summer!  
Keep reading for some offseason training tips from  
Stephanie Thompson!

# Curling Offseason Tips

"Curlers who experience less pain and more strength & fitness, are able to play and practice more, perform better, & enjoy their time on the ice longer"

This document is going to cover:

- **5 staples** to incorporate into your offseason
- **Exercises** to try to help your:
  - Delivery
  - Brushing
  - Cardio
- How to get access to a free Off Ice for Curling Workout to complete on your own time

I hope you enjoy,

STEPHANIE THOMPSON  
R.KIN, COMPETITION COACH CERTIFIED

***All of the purple underlined words are hyperlinks. Click them to be redirected to a resource***

---

See here for webinars, programs and coaching opportunities

[www.empoweredperformance.ca](http://www.empoweredperformance.ca)  
[steph@empoweredperformance.ca](mailto:steph@empoweredperformance.ca)

# CURLING OFFSEASON TIPS

[www.empoweredperformance.ca](http://www.empoweredperformance.ca)  
[steph@empoweredperformance.ca](mailto:steph@empoweredperformance.ca)

Disclaimer: This is an educative experience that is not meant to replace the advice of your own personal regulated health care practitioner. Please seek out additional guidance if you have any questions or concerns.

## 5 STAPLES:

1. Focus on increasing your general physical activity
  - [The Canadian 24-Hour Movement Guidelines](#) recommends a minimum of 150 minutes of accumulated moderate-vigorous physical activity each week for heart health. This looks like activities that increase your heart rate and breath rate enough that you are a little out of breath, but you could still hold a conversation. Don't underestimate the
  - importance of finding fun ways to move. This is where your summer sports come in to play to help your curling; golf, pickleball, tennis, swimming, etc. are all great. Activities like walking are underrated and go a long way to keep you
  - healthy and maintain cardio endurance. Plus it's free!





# CURLING OFFSEASON TIPS

[www.empoweredperformance.ca](http://www.empoweredperformance.ca)  
[steph@empoweredperformance.ca](mailto:steph@empoweredperformance.ca)

Disclaimer: This is an educative experience that is not meant to replace the advice of your own personal regulated health care practitioner. Please seek out additional guidance if you have any questions or concerns.

## 5 STAPLES:

2. Practice “Hip’s First”  
into & out of the hack

- Exercises like suitcase deadlifts are a perfect add to your program



# CURLING OFFSEASON TIPS

[www.empoweredperformance.ca](http://www.empoweredperformance.ca)  
[steph@empoweredperformance.ca](mailto:steph@empoweredperformance.ca)

Disclaimer: This is an educative experience that is not meant to replace the advice of your own personal regulated health care practitioner. Please seek out additional guidance if you have any questions or concerns.

## 5 STAPLES:

3. Improve your lunge with an emphasis on “nose, knee, big toe’ alignment



4. Work on your core and upper body strength

- Focus on the ‘stack’ and creating core tension 3
- side plank variations



# CURLING OFFSEASON TIPS

[www.empoweredperformance.ca](http://www.empoweredperformance.ca)  
[steph@empoweredperformance.ca](mailto:steph@empoweredperformance.ca)

Disclaimer: This is an educative experience that is not meant to replace the advice of your own personal regulated health care practitioner. Please seek out additional guidance if you have any questions or concerns.

## 5 STAPLES:

5. Keep up with your brushing plank and add in some dryland brushing intervals (see here for 3 audio interval sessions)

### How to do the Brushing Plank



Open  
position



Closed  
position

Watch this [FREE 1 hour presentation](#)  
all about the brushing plank



Come hangout with me on social media:

- [Instagram](#)
- [Twitter](#)
- [TikTok](#)
- [Podcast](#)
- [Facebook](#)
- [TikTok](#)

Join the newsletter & receive a free curling offseason workout [HERE](#) .

A NOTE FROM COACH STEPH  
**Thank you for putting some effort in to preparing for your upcoming curling season.** My goal is to provide curling-specific health, fitness, coaching and rehab tips to curlers across the world. I am located in Markham Ontario, Canada & have had the pleasure of working with hundreds of athletes at all levels of curling both in-person and virtually so that they can move better, with less pain and improved performance. It means the world to be able to share information like this with you. I hope you have a wonderful season,



GOOD  
CURLING!

---

[www.empoweredperformance.ca](http://www.empoweredperformance.ca)  
[steph@empoweredperformance.ca](mailto:steph@empoweredperformance.ca)